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Common Household Toxins/Drugs

There are numerous common household items and foods that can be toxic or dangerous to our pets. Being aware of them and taking immediate action if a known consumption occurs, may save your pet's life. Please call our office, your closest emergency clinic or poison control if your pet eats any of the following:

- 1) Chocolate – dark chocolate and unsweetened baking chocolate are most dangerous
- 2) Coffee or caffeinated products
- 3) Xylitol – this sweetener may be in some peanut butters, gum and
- 4) Grapes and raisins
- 5) Macadamia nuts
- 6) Onions and garlic
- 7) Salt (in large quantities) – care in the winter when dogs and cats may lick feet after walking in ice melting chemicals
- 8) Uncooked bread dough
- 9) High fat foods – meats (especially bacon, chicken skin, beef), nuts
- 10) Coconut skin, milk or water
- 11) Seeds or pits from most fruits
- 12) Mustard seed
- 13) Cinnamon powder
- 14) Corn cobs
- 15) Radiator fluid
- 16) Gorilla glue
- 17) Raw salmon

Other items that are commonly in the house include medications. Common ingestions that require immediate attention include the following. This list is not exclusive, and if your pet ingests a human prescription (even 1 tablet), please call a veterinarian or poison control immediately to determine if it may be potentially toxic.

- 1) NSAIDs- non-steroidal anti-inflammatory agents – Aleve® (naproxen), Advil®, Motrin® (ibuprofen);
- 2) Pain medications - Tylenol® (acetaminophen) – especially toxic to cats; Aspirin and buffered aspirin
- 3) Antidepressants – Effexor®, Cymbalta®, Prozac®, Lexapro®
- 4) ADD/ADHD medications – Concerta®, Adderall®, Ritalin®
- 5) Sleep aids and anti-anxiety medications- Xanax®, Klonopin®, Ambien®, Lunesta®

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- 6) Birth control pills
- 7) ACE inhibitors – Zestril®, Altace®
- 8) Beta-blockers – Tenormin®, Toprol®, Coreg®
- 9) Cholesterol blocking agents – Lipitor®, Zocor®, Crestor®
- 10) Thyroid hormones

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